DREAM

Fruit for all
Protected time
A consistent team
Emotions shared in creative ways
Children like helping; they like modelling good manners, they like being part of a team.
Everyone giving over 100%
Positive relationships
Everyone is kind to each other
Healthy lunches
A happy playground
Sharing equipment
Being connected
Everyone looks safe
Safe dialogue Focus on impact on staff and NOT blame on child/ their behaviours
Everyone feels safe
Same adult over time
Vocabulary
Drop in – any child anytime
Knowing everyone manages their mental health in different ways
Happy staff = Happy children – recognising differences
Resilience - How can I solve this?
I CAN
Child – Parent – School circle of relationship
Parent workshops
Effective pupil ambassador
Leadership: time to plan, time to talk – parents, staff, children
Protected time
Safe Staff Room -
Everyone's iceberg

Wellbeing Action Team PATH 2021/ 2022

Goal		Comments / acheived
Parent focus	Information to parents – space on the newsletter Parents informed about how to talk to their children Producing/ Sharing ELSA information Video on the website Wellbeing section on the website Workshop with activities for parents to explore	
Staffroom	Setting ground rules for the staff room Hearing everyone's views – TA meeting, Staff meeting, other staff Listening skills training for all staff (Brene Brown from Empathy to Sympathy clip) Team building event (Get to know each other and build respectful relationships)	
Children	Have an active group of wellbeing ambassadors who meet regularly Introduce zones of regulation to children and parents – on a display board in some rooms Develop a quick and effective method of sharing how they feel and accessing support Develop a quick and effective method for detecting and managing bullying How to manage friendships Heart chart	

Stronger	
Regular meetings toward goal Micro plans Holding each other as a team Fixing dates in the diary Discussion with HT Recognised sense of value from all staff Preventative approach – balance with current commitments Explore who may like to take on parts of the journey	

Situation now		Comments/ achieved
Parents	Routines lost during covid-19 Teacher/parent conversations during covid-19 on Tapestry 1 newsletter per half term (general info)	
Staffing	Lacking a sense and team and segregation due to covid-19 Staff training ACEs and Emotion Coaching Awareness by SLT of staff pressures and work life balance Wellbeing links were sent out during lockdown Team support – awareness of roles and time	
Children	Curriculum – well embedded Creative children Children have been using mindfulness, breathing meditation and yoga Children have a sense of 'unkind' behaviours Bubbles restricted interactions and space	

6 Months		
Children	Children are active ambassadors, for example on the playground Teaching in response to survey – circle sharing Systems in place and being used to share worries	
Parents	Parents are using the wellbeing team/ CT to share concerns Section on the website is active and information has been decided and shared	
Staff	Reintroduce social events – secret santa and shared lunch Sheet for staff to contribute ideas for staff social Staff meeting share highlights and lowlights or check in.	
First Steps		
Children	Nominate 8 ambassadors and train them MHST and school liaise and set dates for pupil training Complete a survey with pupils – what do they understand about bullying? Core team to decide on method for pupils to use to collect/ share worries	
Parents	Send out information about: wellbeing ambassadors who is on the wellbeing team - who to go to with concerns? pathways of help possible parental questionnaire with a start-end measure Identify how to area of information on the website Core team to decide on material to be used and shared with parents	
Staff	Face to face discussion with staff teams Core team to decide what this looks like – mix of face to face and questionnaire	

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